

Scheme for setting up Day Care Centres in all Urban Estates of Haryana.

Due to rapid demographic changes, the proportion of persons above the age of 60 years has increased. There is also a marked trend of withdrawal of family support due to breaking up of the joint family system and exodus of children to the cities. Government of Haryana is fully committed to the welfare of its senior citizens and making all efforts for providing Social Security for the welfare of the senior citizens in the State. The Government is already paying Old Age Allowance @ Rs. 300/- p.m. to the aged people who are 60 years or more.

Keeping in view the large population of the aged, it is felt that biological, socio-economic and emotional needs of the senior citizens particularly in the urban areas deserve much more and special attention. With this end in view, the Hon'ble Chief Minister, Haryana announced on 1.10.2007 at Karnal that Day Care Centre would be set up in every Urban Estate in Haryana for the benefit of Senior Citizens of the State. Such Day Care Centre will inter alia, provide free medical recreational, cultural, counselling facilities. It is observed that still there is a need to have a systematic arrangement whereby Day Care Centres for Senior Citizens should be provided in all Urban Estates of Haryana. All old persons coming into these Day Care Centres will be provided the following facilities:-

a) **Medical facilities**

Free medical assistance to the aged persons in the Day Care Centre either by engaging part-time medical doctors or by taking the services of Government Health Department, will be provided. Regular check-ups and primary health services will be arranged. Besides, Counselling for proper diet and nutrition will also be given through special classes.

b) **Recreational**

1. Reading room with a small library, equipped with newspaper, books, ,magazines.
2. Facility for indoor games, like carrom, cards, chess etc.
3. Celebration of festivals and important national days.
4. Coloured T.V DVD and music system.

c) **Sports facilities**

It is essential to keep physically fit in the old age. Therefore special facilities will be provided for physical fitness. Some of them will be as under:-

1. Outdoor games such as badminton, volley ball etc.
2. Yoga Classes
3. Gym facilities (optional)
4. Refreshment facilities will be provided through an outsourced catering agency.
5. Counselling facilities persons/needing emotional or psychological counselling will be provide such facilities.
6. All person above the age 60 years will be allowed to become members by paying Rs. 100/- P.m.
7. The management will be entrusted to an NGO or self help group/club of old persons who are the member.

d) **Counselling facilities**

Old persons are often afflicted with depression due to loneliness and illness. Therefore, there is need to provide counselling which will be provided by qualified psychologist,. Besides, young children and college students can be asked to spend sometime with then occasionally.

e) **Catering facilities**

Refreshment facilities on payment will be provided through an outsourced catering agency.

f) **Community service**

Many of the retired person are educated and physically fit. They are experienced and are willing to shave there wisdom and expertise with community. In many sectors, such as health and education, there is a due need for voluntary workers. The members of the day care centre can actively participate in such voluntary work. This will keep them occupied and involved in the community.

g) **Membership**

All person above the age 60 years in the vicinity will be invited to become members by paying at least Rs. 50/-. The membership may be revised by the governing body time to time.

h) **Management**

- The management will be entrusted to the registered society consisting of old persons above 60 years who are the members.
- Governing Body will consist of 7 members. 3 non-official members will be selected from the members by election.
- The Governing Body will be headed by Deputy Commissioner as the Chairperson with District Social Welfare Officer as Member and Deputy Commissioner, Estate Officer, HUDA as Official Members.
- The Managing Committee consisting of Secretary, Treasurer and one member will be constituted for day to day working of the Centre.

i) **Fund Required**

- As far as possible these centres will be self sustaining centres. However, the land funds for construction of the building and for its maintenance with basic furniture and other facilities will be provided by the Government.
- In order to meet out the expenses for this centre, a corpus fund will be created and for this purpose every year a sum of Rs. One lac shall be kept for this purpose.
- For meeting out the recurring expenses for each centre, a budget provision of Rs. 3,60,000/- per year will have to be made in connection with service cost/electricity charges. In addition to this Rs. 20,000/- per centre per year will also be kept for the purpose of maintenance of these centres.
- The building of the centre will be maintained by the HUDA authorities.
- It will be the responsibility of the members of the centre to arrange the funds for running different activities in the Centre.
- The Centre management will explore the possibilities to arrange for the sponsorships of the club.
- No addition/alteration in the building will be made without prior permission of the HUDA.
- Ownership of the land and building will vest with HUDA.